



# Implementation of Communication Strategies for a Medication Administration Time-Out



Kelly Via, BSN, RN, RN-BC

Sentara Martha Jefferson Hospital, Charlottesville, VA

sentara nurse



## BACKGROUND

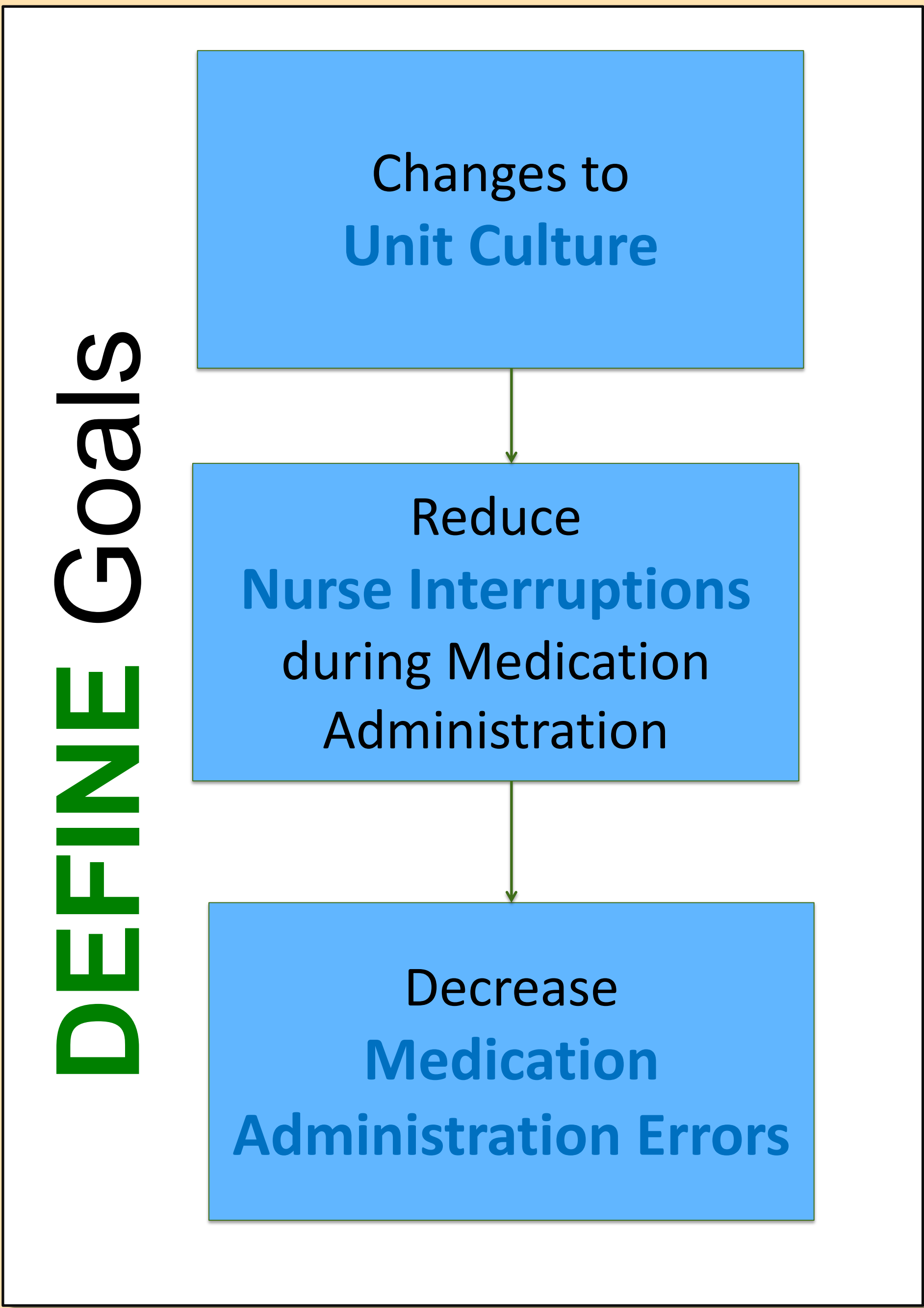
- Nurses administering medications are distracted and interrupted as often as once every two minutes.
  - The risk of any medication error increases 12.7% with each interruption
  - The risk of a harmful medication error is doubled when nurses are interrupted four times during a single drug administration and tripled when interrupted six times
- Medication administration time-outs may reduce the number of medication errors but they can be difficult to implement.
- Hospital culture has a permissive attitude toward interruptions.
- Communication to and collaboration with members of the healthcare team may improve success of a medication administration time-out process.

## PROJECT AIM

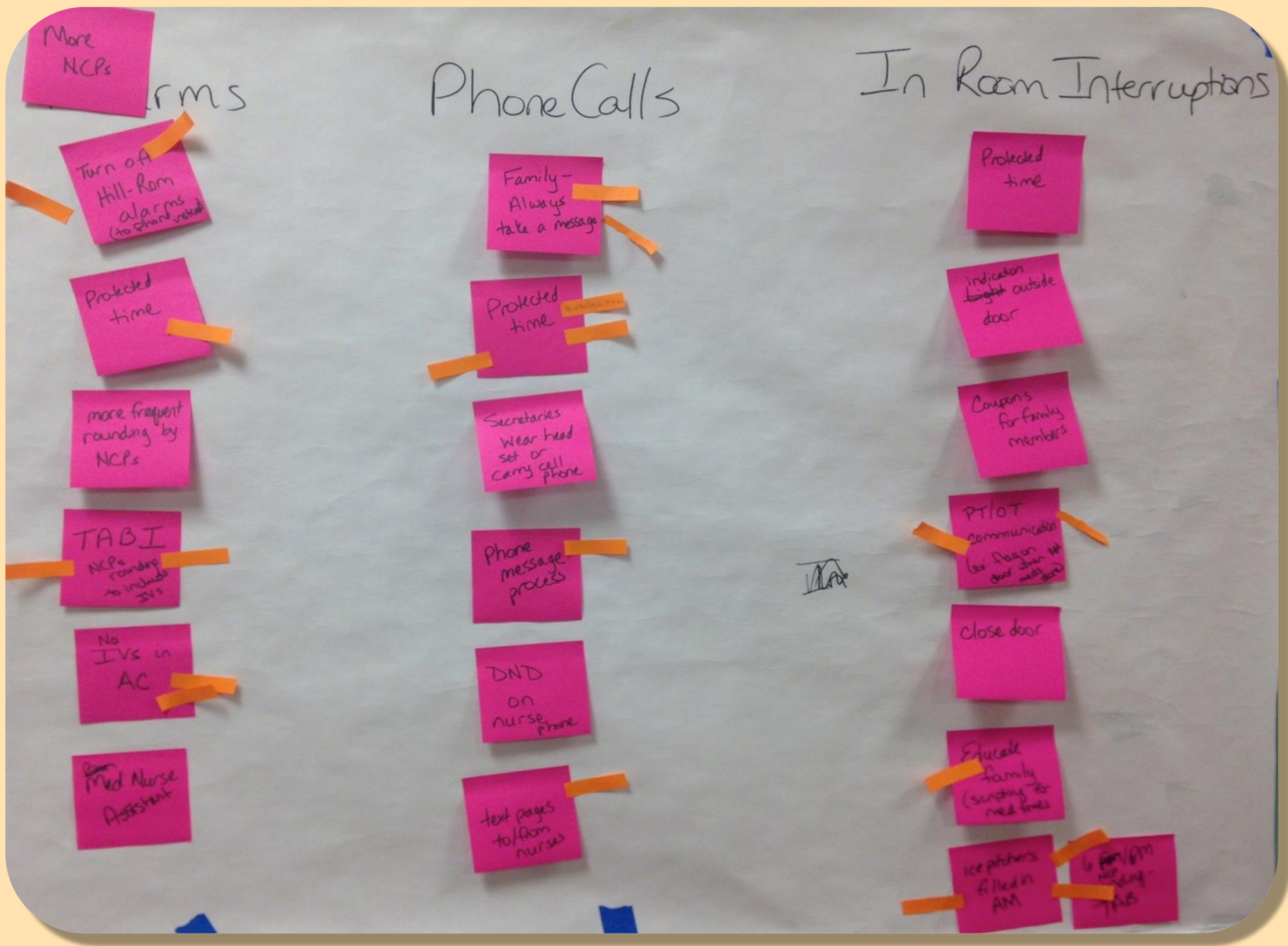
Using the Six Sigma **Define, Measure, Analyze, Improve, Control** framework, nurses on a medical/surgical orthopedic care unit at a 176-bed community hospital collaborated with members of the healthcare team to **develop communication strategies** to support a **daily medication administration time-out** during 0830 – 0930 every day, which is the unit's busiest medication administration hour of the day.

## TAKEAWAYS

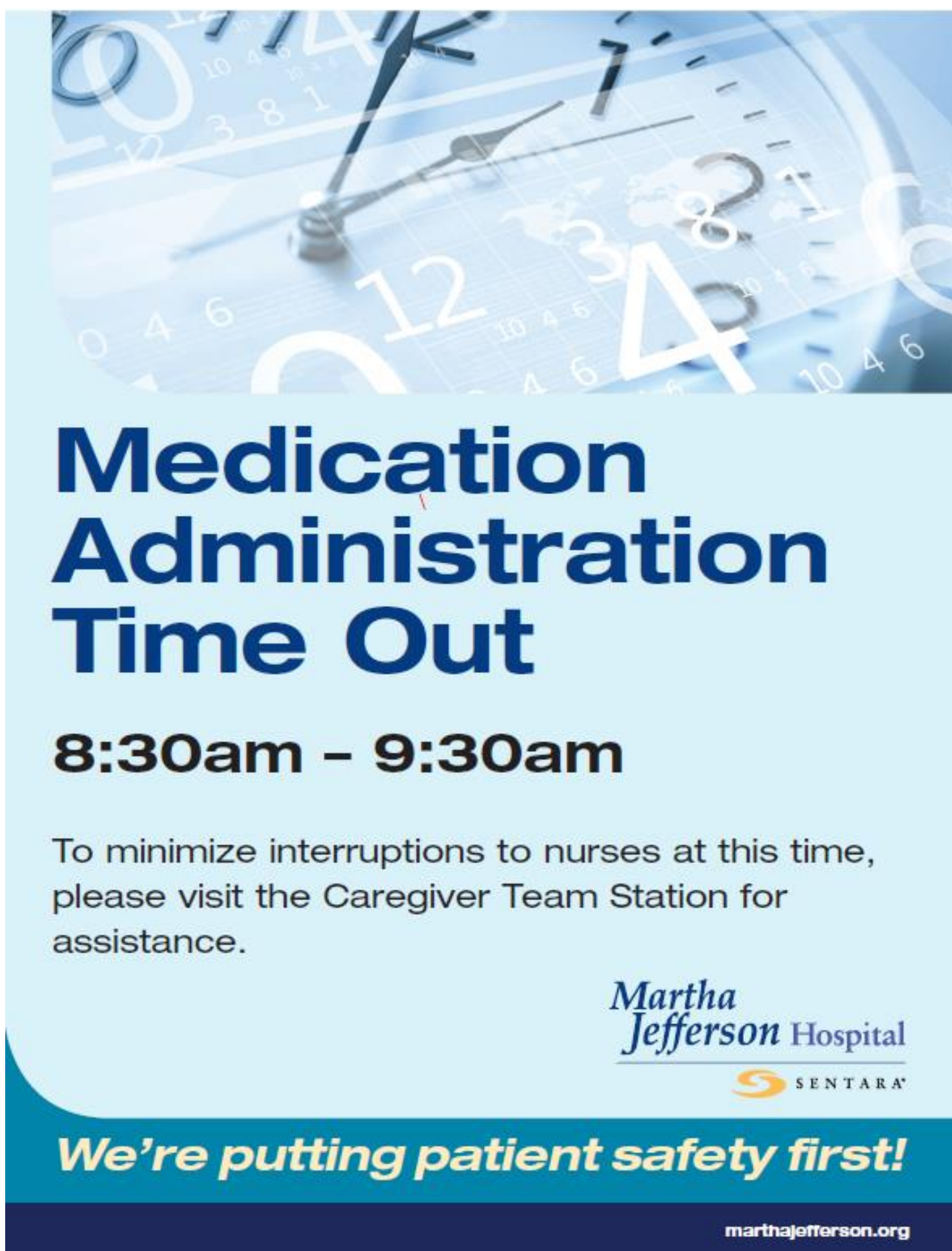
- Focusing on communication-specific strategies in collaboration with other members of the healthcare team, can support a medication administration time-out, and improve patient safety.
- Implementation on other units should be customized to the needs and process flow of those units.



**ANALYZE:** All involved in morning processes --physicians, physical therapists, occupational therapists, transporters, managers, and nursing care partners --were brought together to identify causes of interruptions. **Communication was identified as a major root cause of interruptions.**



**IMPROVE:** Each morning between 0830 and 0930 signs are posted on the unit

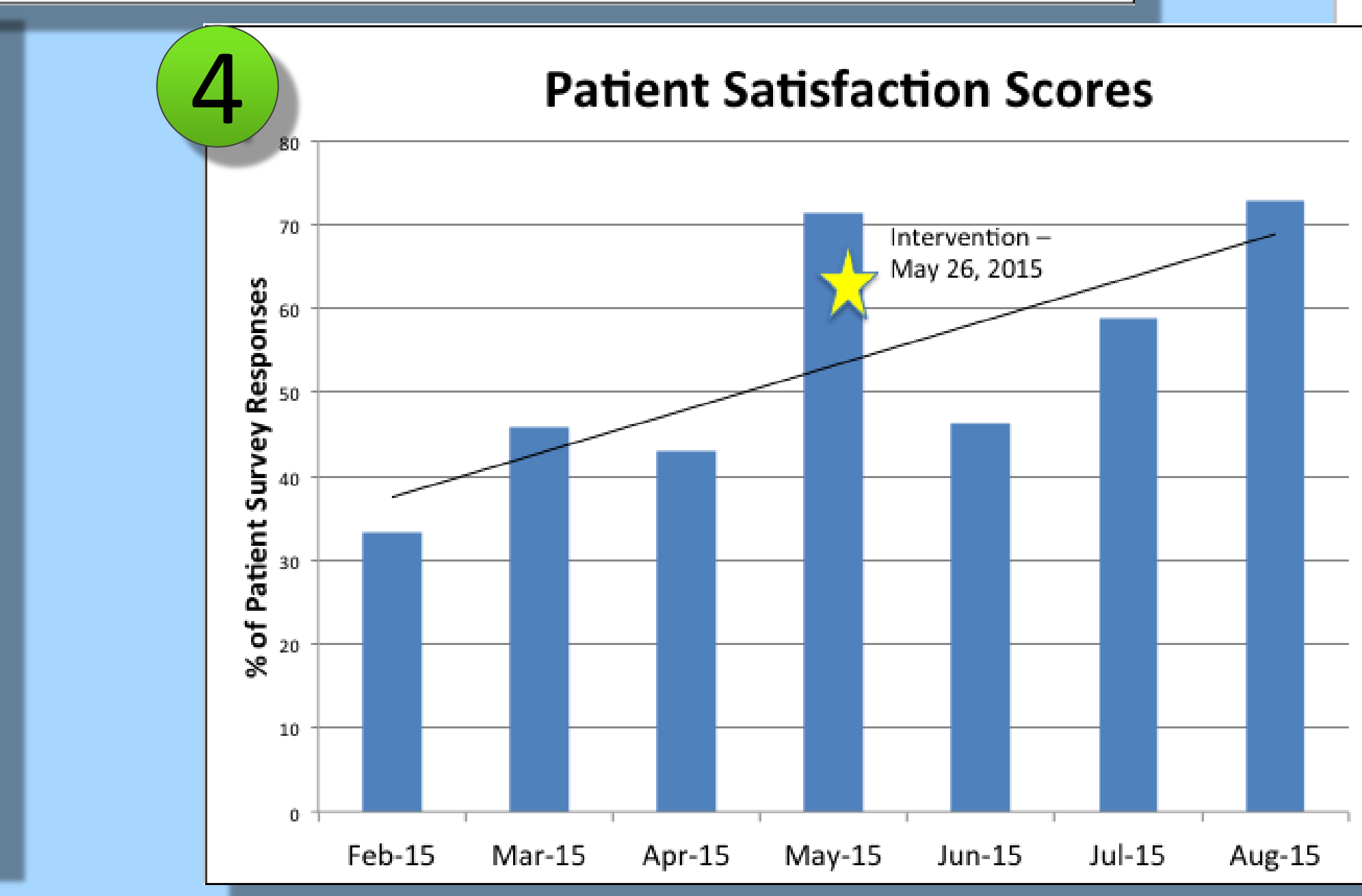
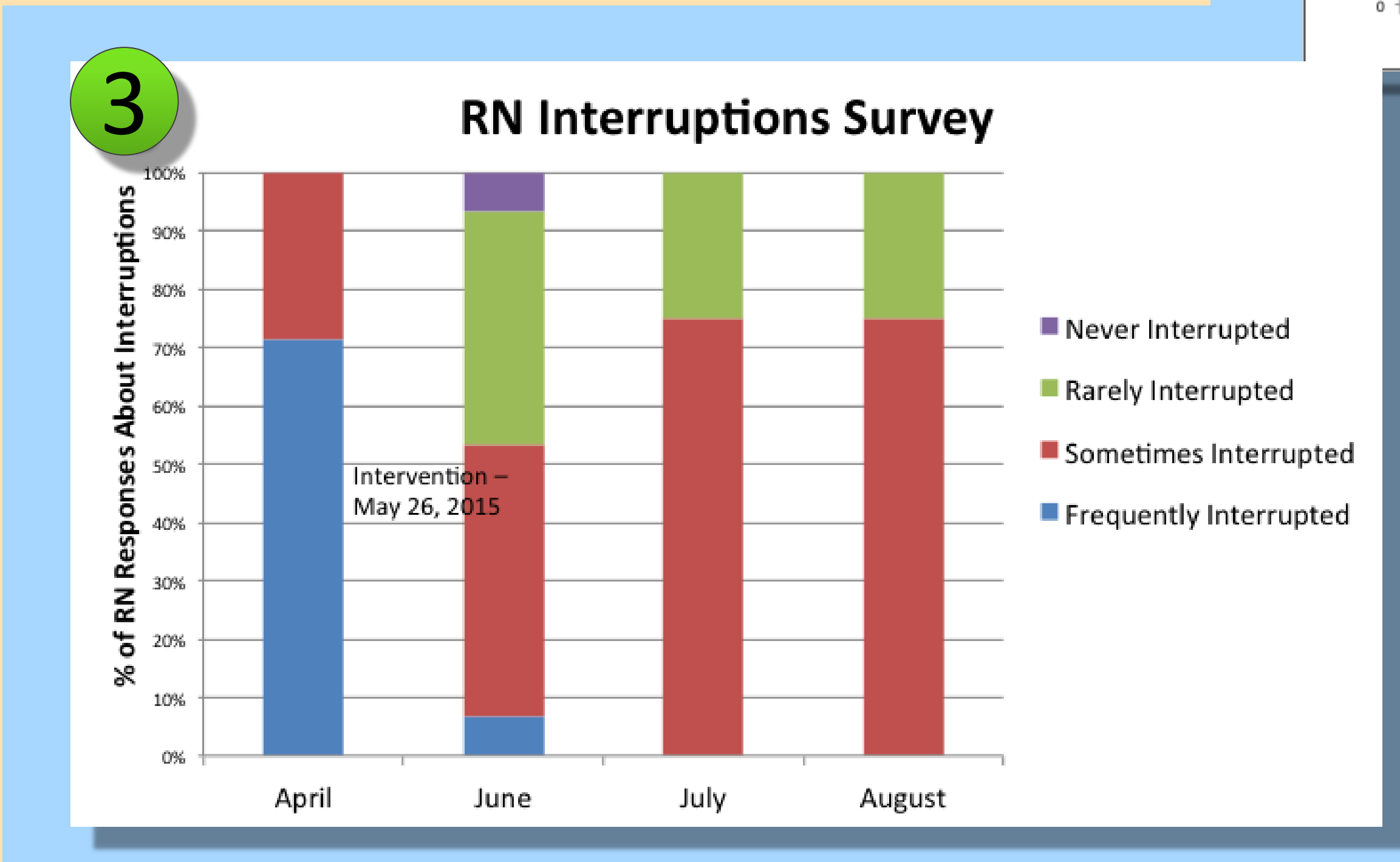
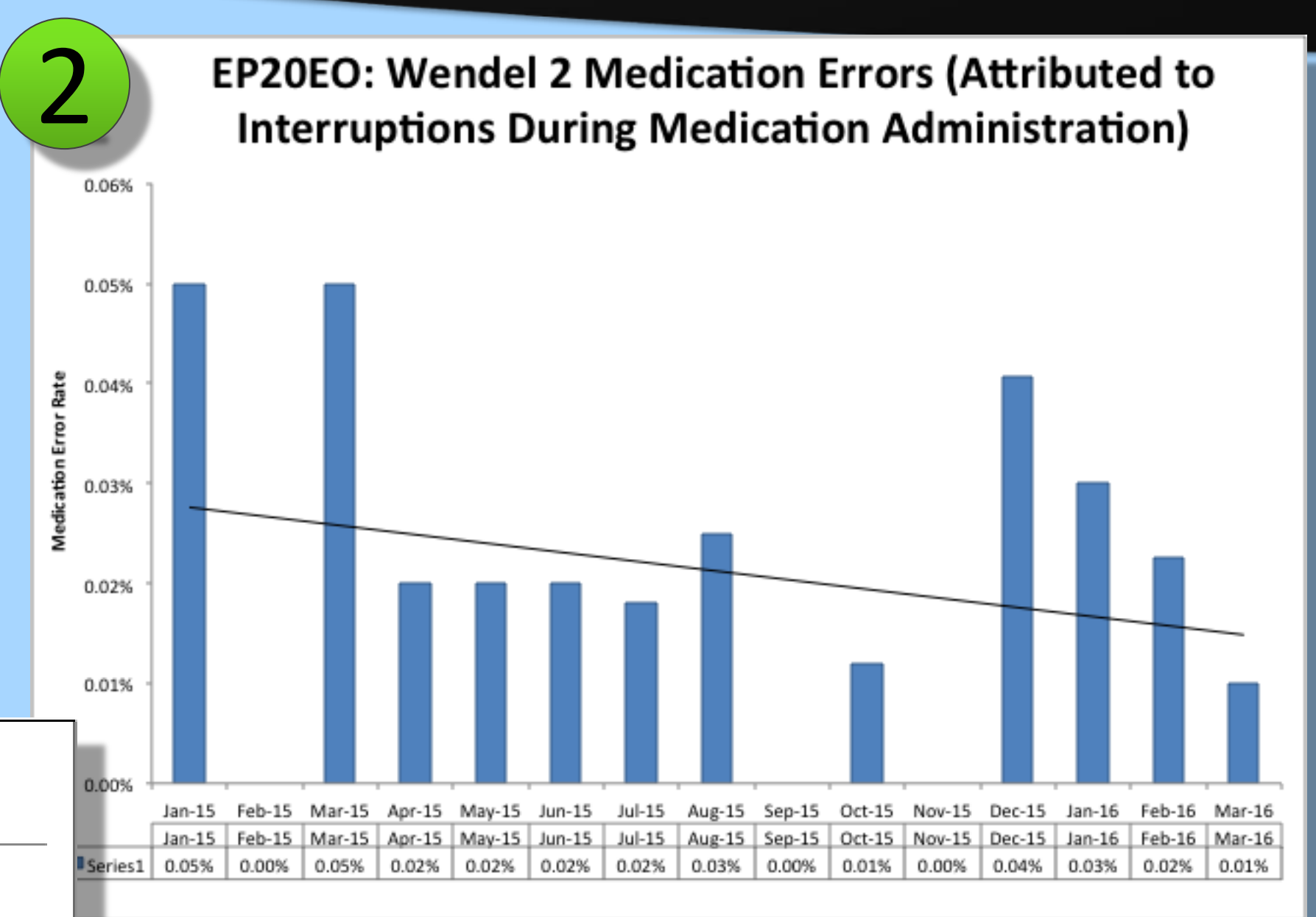
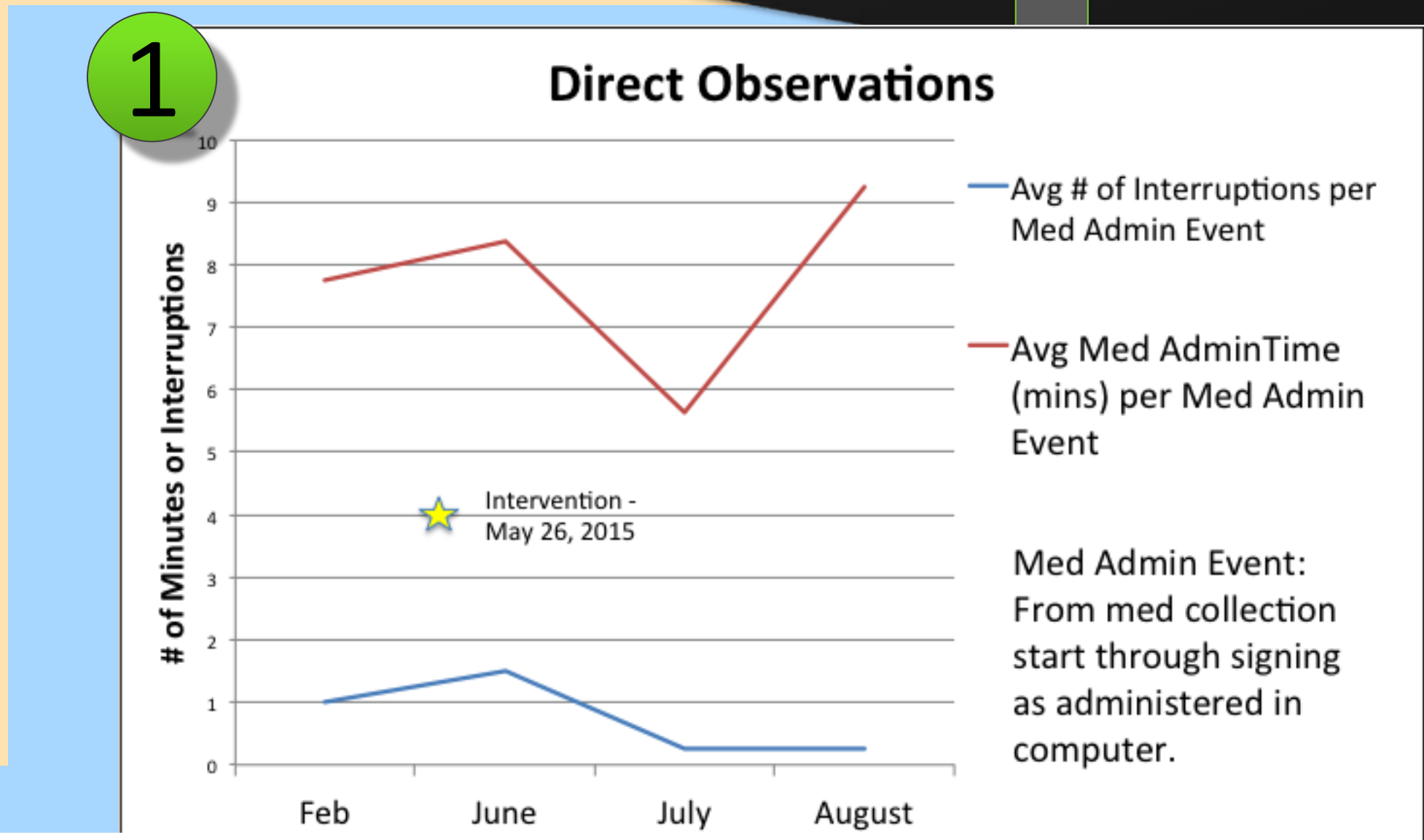


Additional **communication IMPROVEments**

- ✓ Hall lights dimmed
- ✓ Phone calls triaged and messages for nurses recorded
- ✓ Red/green signage process for PT/OT
- ✓ Report called and received prior to 0830
- ✓ Hospital staff report to nurses station for assistance
- ✓ Leadership maintain an awareness of this process



	MEASUREMENT	Data Collection
1	Minutes of Interruptions	Direct Observation
2	Medication Administration Errors	Pharmacy Count
3	Frequency of interruptions	Nurse Survey
4	Quality of Medication Instruction	Patient Satisfaction Survey



**CONTROL:** All metrics continue to improve (Graphs 1-4)