

## Merging the Players in Population Health:

A story of a CIN (Clinically Integrated Network) A Clinically Integrated Network

Lois K. Andrews, DNP, RN-BC, CNS, ACNS-BC, CCRN-K

## sentara nurse

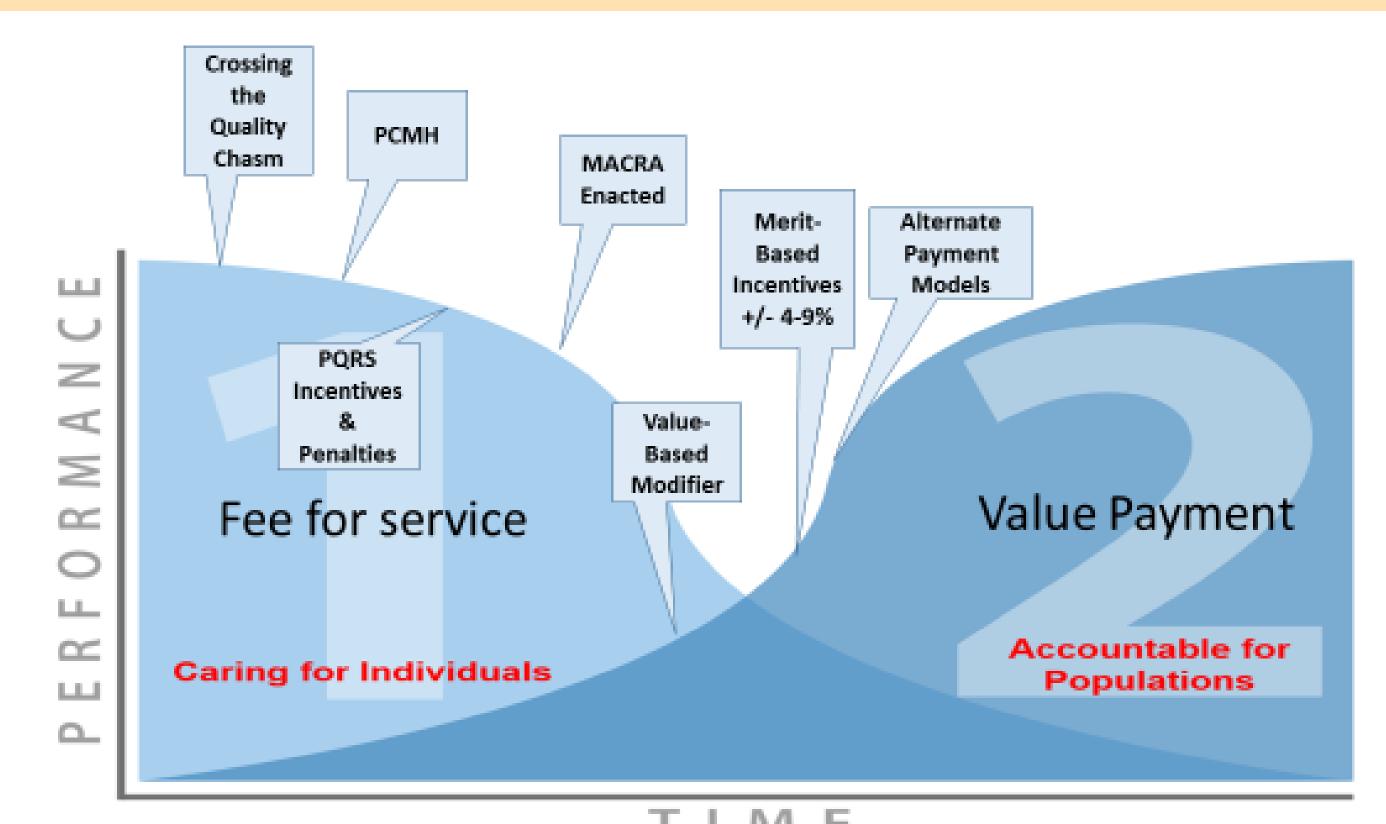


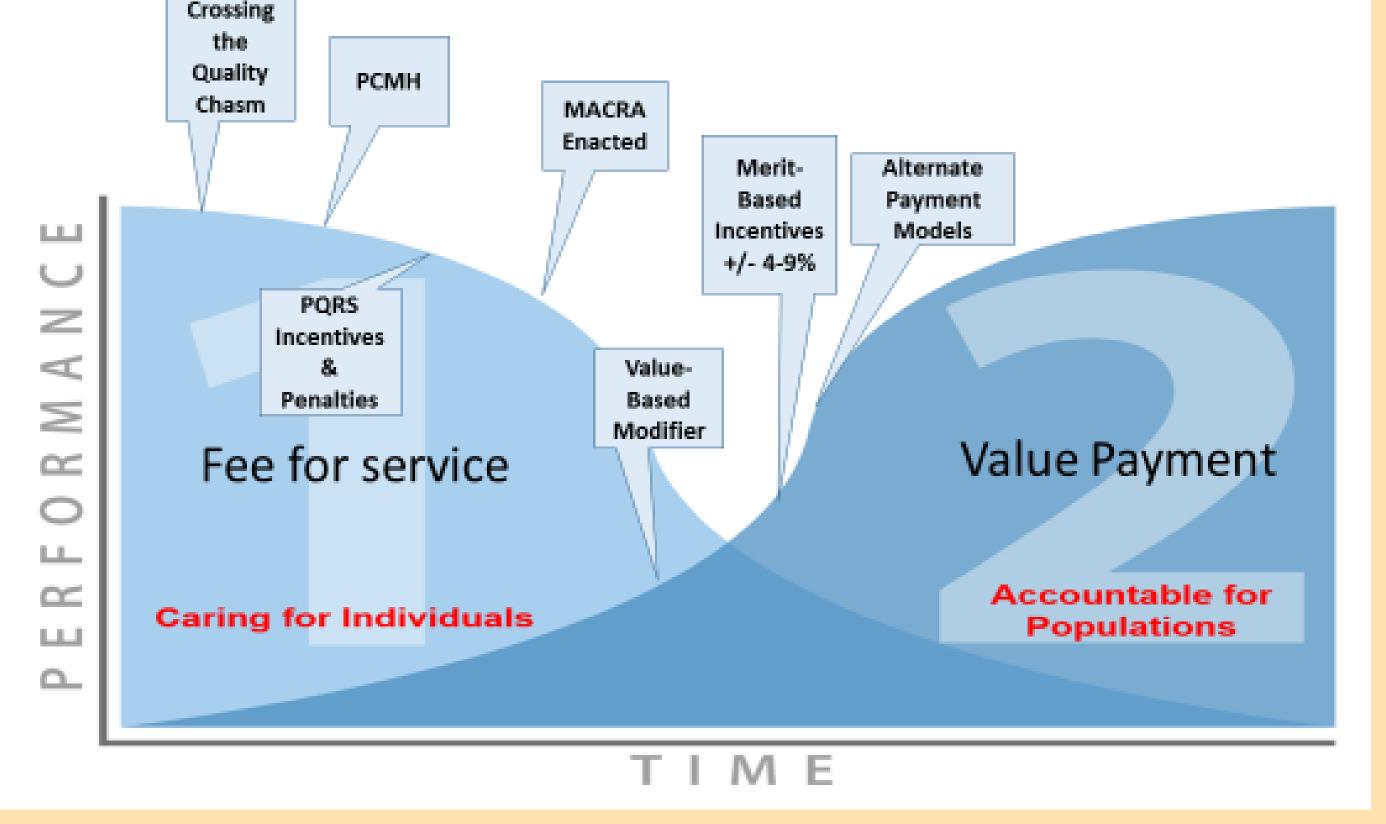
SQ Sentara Quality Care

N E T W O R K

## **Evolution of Healthcare**

With the introduction of the Medicare Access & CHIP Reauthorization Act of 2015 (MACRA), healthcare is moving away from fee for service and toward valuebased payment. We are beginning to cross the "chasm" between the diminishing curve of caring for individuals on a volume basis and climbing up the predicted second curve of caring for populations & being reimbursed on a value basis.

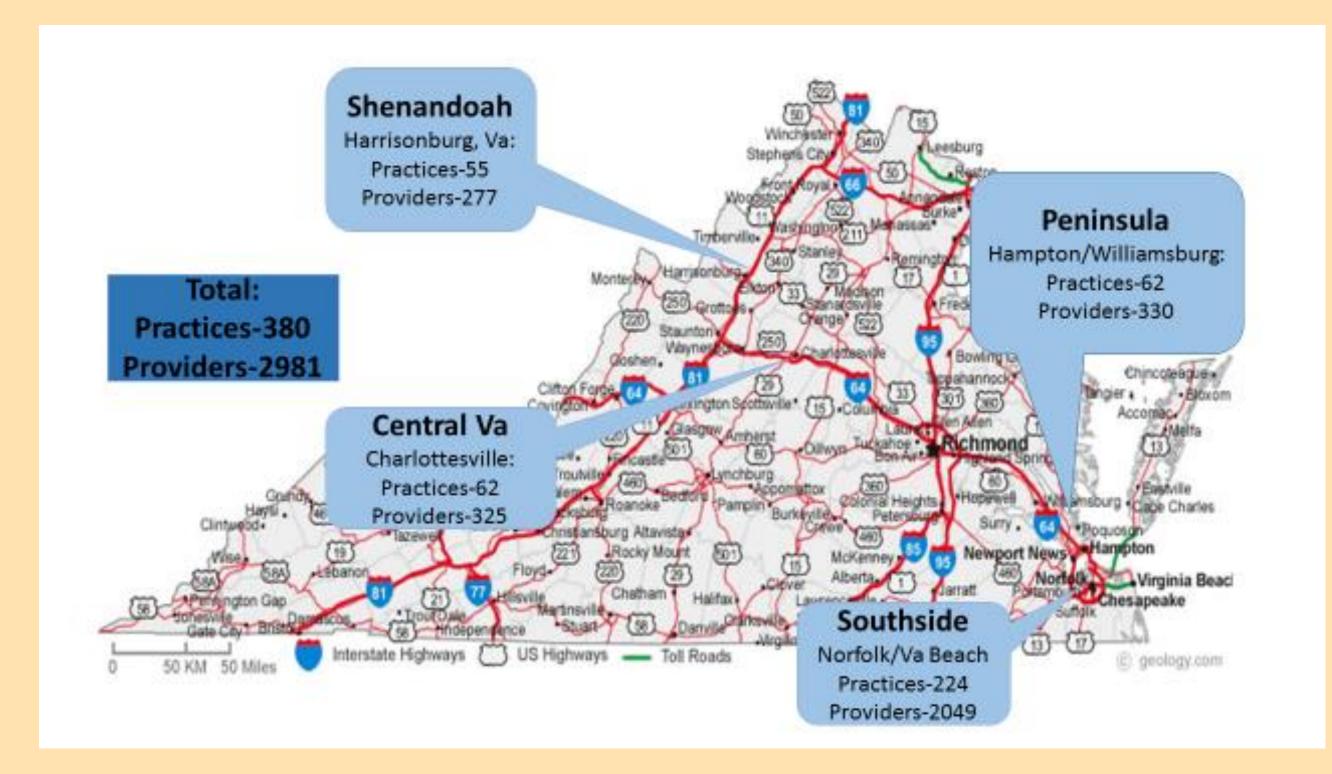




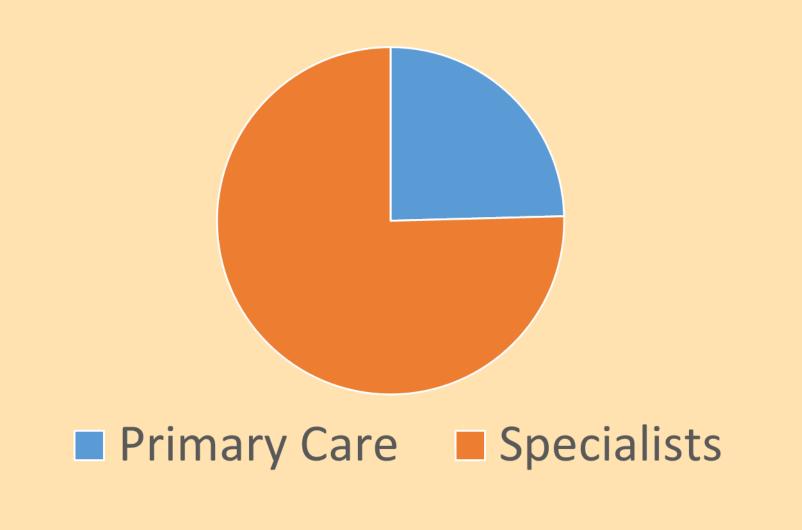
## The Story of our Clinically Integrated Network

A Clinically Integrated Network (CIN) is collaboration among a hospital or health system, independent/private practices and employed physicians which fosters interdependence and cooperation among providers and enables them to achieve higher quality and greater cost-effectiveness than they likely could accomplish on their own.

Our CIN is located in four regions of the commonwealth of Virginia.



2015



SQCN Model  of  Care  PSC  Patient  SQCN RN  Coordinator  Gaps in Care  PCP  Patient  PCP	
Watch List Coordination Transition Case Complex Case Management Management	

CCTM Role Competencies				
Competency	RN Quality Coordinator	RN Care Manager		
Patient/Population Centered Care	Population	Patient & Family		
Teamwork & Collaboration	Providers & staff throughout network, insurer, IT & administration	Providers & staff in assigned practices, Care Managers from insurer and medical group(s)		
Evidence-Based Practice	Locating evidence for best practices; Evaluating organizational environment; Protocol development & dissemination	Knowledge of best evidence incorporated into Nursing Care Plans, Patient Interventions & Teaching		
Quality Improvement	NCQA, HEDIS, & other quality measures; Network performance on quality dashboard; Practice workflow	Patient adherence & possession ratios; A1C levels in diabetic patients		
Safety	Protecting patient PHI	Strategies to reduce risk of harm to self & clients.		
Informatics	Assist members in adoption & use of registries & IT platform; collaborate with IT for reports & data maintenance	Effectively communicate across multiple platforms to inform all care team; Utilize decision-support tools to identify & prioritize		

patients

3 Contracts
30,800 lives
Quality RN (1): Practice Key Roles, Onboarding & Training
Care Managers (2):
Shared, High- Cost/High Utilizing Patients

2014

4 Contracts	6 Contracts
31,000 lives	66,500 lives
Quality RNs (3):	Quality RNs (3.5):
Quality Scorecard	Quality Scorecard,
Reports, PI, PQRS	Clinical
reporting, Access	Workgroups,
Survey	Generic Rx, Access
are Managers (4);	education
Independent,	Care Managers (7):
Predicted risk,	Added ULP/Health
Hospital & ED f/u	Coach, redesigned
	outreach,
	Documentation
	Audits

2016	2017
6 Contracts	8 Contracts
o Contracts	o Contracts
66,500 lives	69,000 lives
Quality RNs (3.5):	Quality RNs (3.5):
Quality Scorecard,	Quality Scorecard &
Clinical	transparency of
Workgroups,	data, Access survey
Generic Rx, Access	& coaching, Total
education	Cost of Care
Care Managers (7):	Workgroups &
Added ULP/Health	Protocol
Coach, redesigned	development
outreach,	Care Managers (6 +
Documentation	1 ULP): Targeted
Audits	TCOC & high
Member Services	frequency of
added	diagnosis in
GGGG	_

population, ED & In-

pt coordinated with

other resources